

# BIG

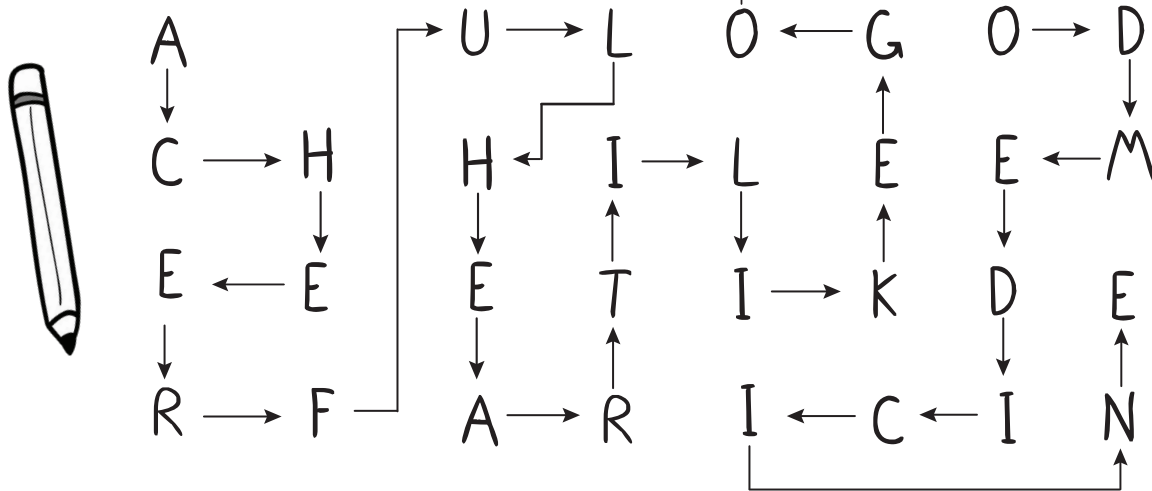
CURRICULUM  
HEAD HEART HANDS

YOUR NAME

## BIG IDEA HEART ATTACK

**BIG WORD** Listen closely to my words. Don't let them out of your sight. Keep them in your heart. They are life to those who find them. They are health to your whole body. Above everything else, guard your heart. It is where your life comes from. Proverbs 4:20-23 (NIRV)

Follow the arrows and write out each letter in order below.




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DAVID DIDN'T LOSE HEART  
WHEN HE FACED A BATTLE.  
How many hearts can  
you find?



PROVERBS 4:21-23 TELLS US WE MUST GUARD OUR HEARTS.  
How can you guard your heart through your:

Eyes: \_\_\_\_\_

Ears: \_\_\_\_\_

Thoughts: \_\_\_\_\_

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BIG POINT  
TODAY I LEARNT THAT...

PARENTS!

Use these questions to kick start discussion with your children!

1. Why is a cheerful heart like good medicine?
2. What does it mean to guard your heart?
3. How can you guard your heart at home? at school?