

BIG

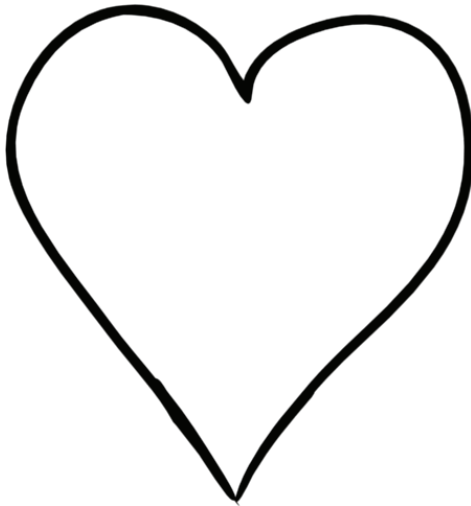
CURRICULUM
HEAD HEART HANDS

YOUR NAME

BIG IDEA HEART ATTACK

BIG WORD Listen closely to my words. Don't let them out of your sight. Keep them in your heart. They are life to those who find them. They are health to your whole body. Above everything else, guard your heart. It is where your life comes from. Proverbs 4:20-23 (NIRV)

PROVERBS 17:22 "A CHEERFUL HEART IS LIKE GOOD MEDICINE"
Draw a cheerful face on this heart.



We need to guard our hearts.
Tick the yes or no boxes for what you would let into your heart.

KINDESS
☐ yes ☐ no

REVENGE
☐ yes ☐ no

ANGER
☐ yes ☐ no

PEACE
☐ yes ☐ no

JEALOUSY
☐ yes ☐ no

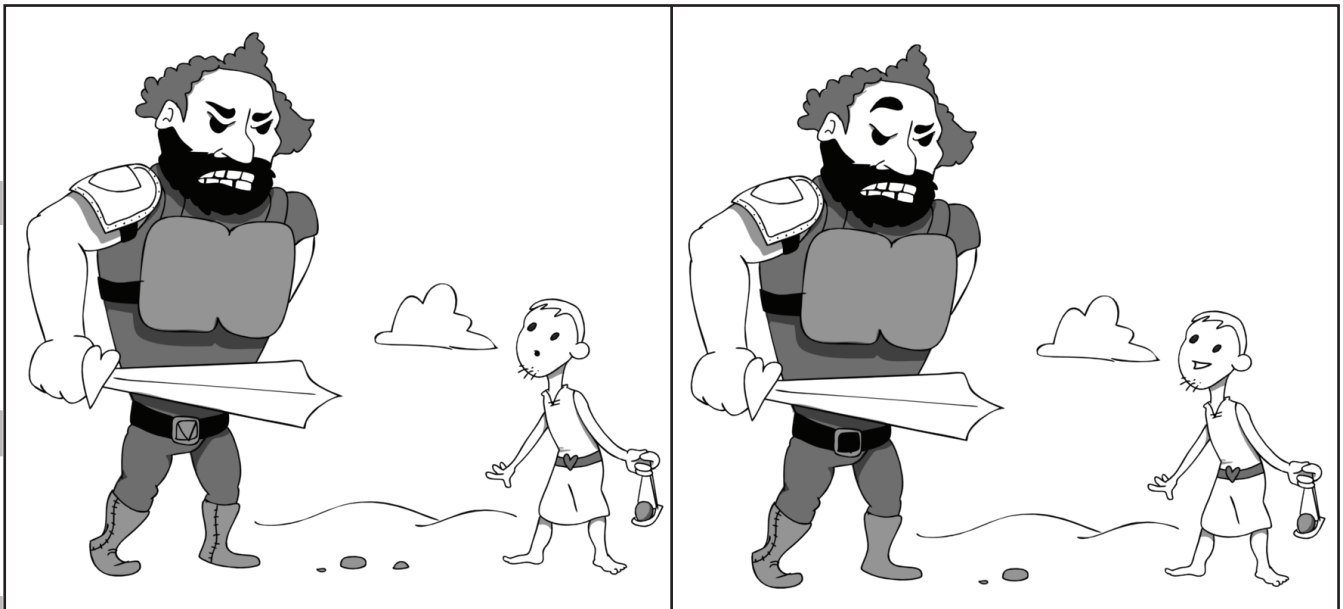
COURAGE
☐ yes ☐ no

BITTERNESS
☐ yes ☐ no

LOVE
☐ yes ☐ no

GOD'S WORD
☐ yes ☐ no

SPOT THE DIFFERENCE - Find 5 differences!



BIG POINT
TODAY I LEARNT THAT...

GOD CARES ABOUT THE
CONDITION OF MY HEART

PARENTS!

Use these questions to kick start discussion with your children!

1. Why is a cheerful heart like good medicine?
2. What does it mean to guard your heart?
3. How can you guard your heart at home? at school?