## **SUNDAY SERVICE 2-19-23**

**REVIEW:** If we are not careful we can fall into accepting cheap imitations in our spiritual lives such as legalism, mysticism and asceticism instead of Christ Himself. He has nailed our sins to the cross and made us alive due to his resurrection. We are liberated from sin and free to live our lives to please Him. (See Colossians 2:13-23)

Some questions to consider:

- 1. Do you have a tendency toward legalism, imposing your own beliefs or "laws" on to other Christians? Do you consider yourself to be judgmental or grace-filled?
- 2. If you have been burned by the fallout of legalism, are you seeking Christ to heal you? Seek the advice of others in your group on how to rest your mind and life in Christ and not your legalistic past.
- 3. How do we know if we are walking "in step" with Jesus?
- 4. Are you too serious in life? Proverbs 17:22 says, "A joyful heart is good medicine, but a crushed spirit dries up the bones." Make sure you have some good times with your friends or life group. Maybe it's time to have an evening out together just to have some fun with no other agenda. Have a "fun night" with your kids in the next week or two.
- 5. Do you like Cheez Whiz? Ha!

